



THE PURSUIT OF LEADERSHIP MASTERY WORKSHEET PLANNER

How to engage in the art of Deliberate Practice.

Identify no more than three Leadership Skills or Domains you would most like to grow in. For each one write a list of micro skills and/or behaviors that make up that domain. These micro skills will provide you short actionable tasks you can practice each week so that your leadership skill increases. For example, if you chose giving Performance Feedback as one of your domains, then it is made up of multiple micro skills you can work on such as, establishing safety and rapport, body language, mastering objections, how to start the conversation, and follow up conversations. Each of these becomes a separate skill that you can work on each week to improve.

- | | | |
|--|--|--|
| <input type="checkbox"/> Enforcing Standards | <input type="checkbox"/> Time Management | <input type="checkbox"/> Decisiveness |
| <input type="checkbox"/> Coaching | <input type="checkbox"/> Self Confidence | <input type="checkbox"/> Open Minded |
| <input type="checkbox"/> Communicating Strategic Vision | <input type="checkbox"/> Intentional Example | <input type="checkbox"/> Decision Making |
| <input type="checkbox"/> Performance Feedback | <input type="checkbox"/> Relationship Building | <input type="checkbox"/> Proactive not Reactive |
| <input type="checkbox"/> Dealing with Difficult Behavior | <input type="checkbox"/> Listening | <input type="checkbox"/> Manage Setbacks |
| <input type="checkbox"/> Holding Others Accountable | <input type="checkbox"/> Ability to Confront Others | <input type="checkbox"/> Challenging the Process |
| <input type="checkbox"/> Being More Fun | <input type="checkbox"/> Empowering Others | <input type="checkbox"/> Passion |
| <input type="checkbox"/> Having More Executive Presence | <input type="checkbox"/> Setting Realistic Goals for Staff | <input type="checkbox"/> High Energy |
| <input type="checkbox"/> Exerting More Emotional Control | <input type="checkbox"/> Negotiation | <input type="checkbox"/> Building Team |
| <input type="checkbox"/> Leading Change | <input type="checkbox"/> Ability to Inspire | <input type="checkbox"/> Problem Solving |
| <input type="checkbox"/> Presentation Skills | <input type="checkbox"/> Engaging and Motivating Staff | <input type="checkbox"/> Delegating |
| <input type="checkbox"/> Leading Effective Meetings | <input type="checkbox"/> Rewarding Others | <input type="checkbox"/> Priority Management |

List as many micro skills for this below.	List as many micro skills for this below.	List as many micro skills for this below.

Each week select a couple of micro skills from the list above and set goals to improve. Make sure these goals are specific and challenging. Then, seek feedback either by reviewing your performance or by enlisting a coach or mentor to help.